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## NEW BRIDGE

Your new restoration has just been cemented in and you're ready to put it to use. As we've already explained, you must wait one hour after your appointment before eating or chewing to allow the cement to fully harden. It's normal for the teeth and gums to be a little sensitive for several days, so don't worry if you are aware of them at first.

### How long before I can chew?

(Please wait one hour before eating or chewing to allow the cement to cure fully. If you put chewing forces on the teeth before that time you could disturb the cement leading to dislodgment or breakdown in the future.)

### The bite feels high.

(Come in so we can adjust it. You can bruise the teeth if the bite is high.)

### Do I have to do anything special to clean the area?

(It is important to keep **all** your teeth clean and healthy. We regularly show you how to floss and brush all your teeth at your continuing care cleaning appointments. Teeth that support bridges are no different. We will demonstrate the special methods necessary. Don't hesitate to ask us any questions regarding your home care. Protect your investment in your dental health.)

### A tooth is sensitive.

(Occasionally, a tooth becomes sensitive after cementing a new restoration. This may resolve on its own or there may be a deeper underlying problem requiring further treatment. If symptoms persist more than several weeks or if it is too uncomfortable, please call.)

### How long will my bridge last?

(It is impossible to say how long any restoration will last. Longevity depends on many factors including your home care level, maintaining the recommended continuing care cleaning appointments in our office, the foods you eat, your stress level, your chewing and biting patterns and numerous others.... If necessary, I'll repair or replace (at no charge) the work for three years on the following conditions: you follow the recommended home care program, maintain the recommended continuing care visits in our office, and allow us to take the necessary x-rays.)

If you have any questions concerning the your new restoration, please call us.